



luncheon buffet 12.95

served Monday - Friday 11:00 a.m. to 2:00 p.m.

FEATURING: fresh soup, specialty salads, breads and today's hot luncheon entrées and fare
Just the soup, salads and bread 9.95

starters

roasted corn and clam chowder
cup 3.95 bowl 4.95

soup of the day
cup 3.95 bowl 4.95

salads

organic baby spinach salad
grilled portobellos, roasted red peppers, bacon, chopped egg and balsamic vinaigrette 10.95

buffalo chicken salad
hot and spicy chicken tenderloins atop mixed greens with bleu cheese dressing, carrots, celery, tomatoes and bleu cheese crumbles 10.95

cobb salad
fresh garden greens, turkey, avocado, bacon, cheddar cheese, bleu cheese, egg and tomato with choice of dressing 10.95

blackened salmon salad
atlantic salmon with cajun seasoning, pan seared, served over baby greens with dijon vinaigrette 12.50

grilled black angus beef salad*
sliced rare steak on baby greens with fresh mozzarella, roma tomatoes and buttermilk-herb dressing 12.95


caesar salad
crisp romaine leaves with grated parmesan and garlic croutons 8.95
with grilled or blackened chicken 10.95

sandwiches


all sandwiches are served with cole slaw and your choice of french fries, kettle chips or carrots and celery

soup or salad and half sandwich
half sandwich of the day with a cup of soup or a house salad 8.50


tuscan chicken sandwich
grilled chicken breast on herb focaccia with pesto mayo, field greens, roma tomato and bermuda onion 9.50

 **windsor club**
smoked turkey, bacon, lettuce, tomato and mayonnaise on toasted white 9.95


philly cheese steak
shaved steak grilled with peppers and onions, topped with melted american cheese 9.95

 **beer batter cod sandwich**
fresh cod batter-fried, served on a kaiser roll with lettuce, tomato and tartar sauce 9.50

new york style reuben
lean corned beef with sauerkraut, thousand island dressing and melted swiss on marble rye 9.50

 **black angus burger****
half pound angus patty with lettuce, tomato and red onion on a kaiser roll 9.95
with cheese and/or bacon 10.95

specialties

 **miso glazed salmon** [low-fat, low cholesterol]
seared; with lemongrass broth, baby bok choy and white rice 13.95

 **porcini-crust n.y. strip steak*** [carb conscious]
with bleu cheese-spinach gratin and charred vidalia onion-arugula salad 15.95


grilled chicken and smoked cheddar quesadilla
guacamole, caramelized onion, salsa and sour cream 9.95

desserts

ben and jerry's ice cream 4.95

n.y. style cheesecake 6.25

chef's dessert selection priced daily

 these items have been selected to meet the dietary needs of our guests, your server will be happy to answer any questions you may have we proudly offer Michelob Ultra and Pepsi One as low carb beverage alternatives

 these items may be prepared in smaller portions for half price for children 12 and under.

*thoroughly cooking meats, poultry, seafood, shellfish and eggs greatly reduces the risk of foodborne illness.