

lunch

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ESSENCE

- salads
- hamburgers
- fish
- beef
- pasta
- desserts
- beverages
- sandwiches

COLUMBUS MARRIOTT NORTHWEST

5605 Paul G. Blazer Memorial Parkway | Dublin | OH 43017
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Plated Lunches

all entrees include

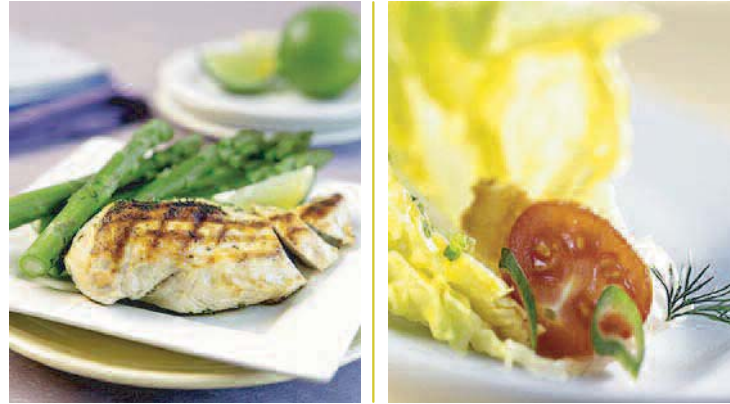
soup or salad, assorted bread basket and sweet creamery butter, dessert and freshly brewed coffee, decaffeinated coffee and bigelow tea selection

soups

- steak and potato soup
- garden vegetable soup with cranberry beans and pesto oil
- hearty lentil soup with roast fennel and pinenuts
- new england style clam chowder accompanied by garlic croutons
- slow roast tomato with basil crème fraiche and pecorino cheese
- chef's housemade soup of the day *(max 30 ppl)*

desserts

- florida key lime pie
- classic vanilla crème brulee served with fresh berries and pirouette cookies (additional \$3.00)
- fresh strawberries with chantilly crème
- new york cheesecake with fresh strawberries
- chocolate indulgence cake with raspberry coulis and chocolate sauce



salads

- petite caesar salad with focaccia croutons
- market salad: baby field greens, roma tomato and english cucumbers
- steakhouse salad: beefsteak tomatoes, crumbled bacon and bleu cheese dressing
- spinach salad: fresh spinach leaves with tomatoes, mandarin orange segments and sweet red onion vinaigrette
- grilled seasonal vegetables with sliced yellow tomatoes, saga bleu cheese, balsamic syrup (additional \$3.00)
- marinated hearts of palm and fresh mango, citrus vinaigrette (additional \$3.00)

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Prices are per person. A customary 21% taxable service charge and sales tax will be added to prices

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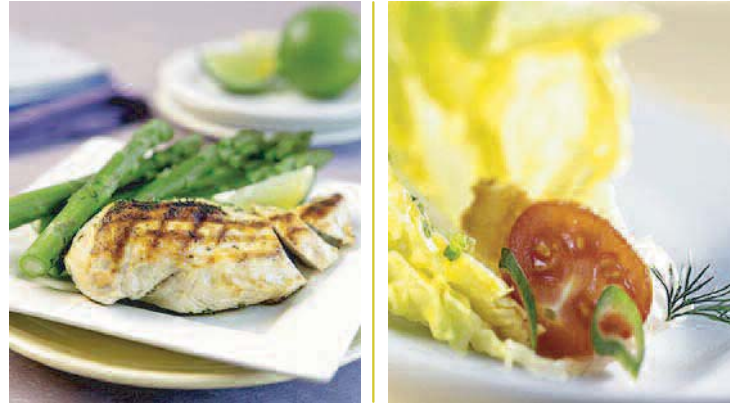
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Plated Entrées

- breast of chicken | \$18.95**
accompanied by brown rice, asparagus tips and english peas, citrus tarragon sauce
- grilled chicken breast | \$19.95**
spicy couscous, glazed carrots, fennel-apple marmalade, cumin jus
- roulade of chicken breast | \$20.95**
stuffed with baby spinach, sun-dried tomatoes and artichokes, served with steamed broccoli rabe, light thyme jus
- top sirloin (usda prime) | \$22.95**
with yukon garlic mashed and grilled asparagus
- grilled petite filet mignon | \$26.95**
caramelized shallots and cognac demi glace, yukon garlic mash, tobacco onions
- roasted loin of pork | \$19.95**
sliced loin of pork over smoked gouda mashed potatoes, sautéed crimini mushrooms and wilted baby spinach
- grilled fresh atlantic salmon | \$20.95**
with french green beans, basmati rice, red pepper coulis
- ginger grilled mahi mahi | \$20.95**
over asian soba noodles with oriental vegetables, hoisin sauce



Light Luncheon Selections

- FOR YOU | steak salad | \$19.95**
flat iron steak grilled to perfection, chopped romaine, roma tomatoes, asparagus spears and fresh mozzarella cheese, peppercorn dressing (carb conscious)
- FOR YOU | turkey wrap | \$16.95**
shaved turkey, crisp garden lettuce and vine ripe tomato with no fat ranch dressing in a whole wheat tortilla, served with fresh fruit (low fat)
- FOR YOU | asian chicken | \$17.95**
breast of chicken, julienne red and green peppers, snow peas, carrots, napa cabbage, water chestnuts, asian soba noodles and ginger vinaigrette (low cholesterol)
- caesar salad | \$14.95**
crisp romaine and focaccia croutons
with grilled chicken | \$16.95 with gulf shrimp | \$19.95
with blackened salmon fillet | \$17.95

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Light Luncheon Selections

mediterranean salad | \$18.95

herb marinated chicken breast served over orzo grains with sun-dried tomatoes, kalamata olives, feta cheese, roasted red peppers and artichoke hearts, balsamic and roasted garlic vinaigrette

oriental chicken salad | \$17.95

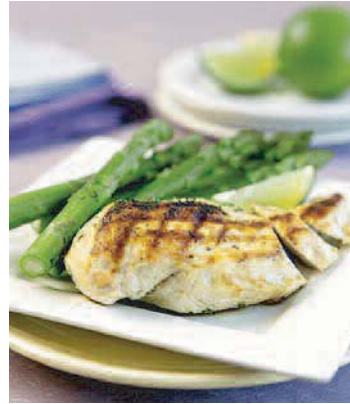
asian spiced chicken breast over a bed of napa cabbage, garnished with orange segments, bean sprouts, crispy rice noodles, snow peas and red peppers, ginger and sesame vinaigrette

churrasco salad | \$19.95

grilled skirt steak served on a bed of baby greens, garnished with fresh jicama, hearts of palm and red & yellow tomatoes, cilantro lime vinaigrette, fried sweet potato shoestrings

chicken salad wrap | \$17.95

chicken salad with green apple and walnuts in a whole wheat tortilla, chilled pasta primavera



cobb salad | \$18.95

grilled chicken breast and fresh garden greens with avocado, crumbled applewood bacon and maytag bleu cheese, sherry walnut vinaigrette

club wrap | \$16.95

shaved turkey and swiss, bacon, lettuce, tomato and wasabi mayonnaise, served with fresh fruit garnish and kettle chips

vegetarian antipasto plate | \$17.95

balsamic grilled peppers and portobello mushroom, roma tomato, fresh mozzarella, olives, marinated artichoke hearts and orzo pasta salad, soft focaccia wedge

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Working Lunches

your buffet, your way | \$22.95

individual bags of chips and pretzels |
deli selection of garnishes and condiments
freshly brewed regular, decaffeinated coffee and selection of bigelow teas

selection of two salads

chilled pasta primavera fresh vegetable slaw dilled new potato salad
grilled thai chicken salad greek farmer's salad

selection of two sandwiches & more

imported prosciutto, hard salami, mozzarella cheese, roasted peppers
and pesto on focaccia bread
albacore white tuna salad in pita pocket
roasted chicken cobb salad hero
herb and pepper roasted sirloin with boursin cheese and arugula
greens on a potato hoagie roll
grilled vegetable sandwich with provolone cheese and sun-dried
tomato aioli on ciabatta bread
poached shrimp salad with dilled lemon dressing in a pita pocket
roasted turkey with caramelized onions, imported swiss cheese
and herb dressing on focaccia bread

selection of two desserts

chocolate dipped strawberries | whole fresh fruit | assorted petit fours
double chocolate fudge brownies/blondies | chocolate chip cookies



enhancements

chef's housemade soup of the day
\$2 additional

minimum of 25 guests

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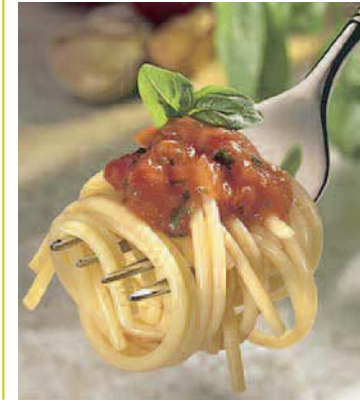
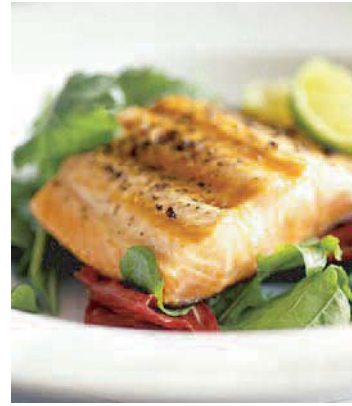
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Buffet Lunches

american buffet | \$23.95

- fresh fruit salad
- salad of seasonal greens, assorted dressings
- vegetable crudite
- selection of two entrees:
 - roast pork loin
 - roasted chicken breast, grain mustard sauce
 - north atlantic salmon with citrus butter
 - roast top sirloin of beef jardiniere
- seasonal vegetables
- roasted red skin potatoes
- rolls & creamery butter
- assorted pastries and tortes
- coffee or iced tea

minimum of 25 guests



baked potato and salad bar | \$21.95

- garden fresh greens | assorted garnishes with dressings
- freshly baked whole grain and wheat rolls, sweet creamery butter
- colossal idaho bakers
- selection of toppings:
 - grilled chicken, grilled skirt steak, spicy vegetable and bean chili, sautéed broccoli and cauliflower florets, grated cheese, green onions, sour cream, bacon and sweet creamery butter
- seasonal fresh fruit
- granny smith apple pie
- coffee or iced tea

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Buffet Lunches



minimum of 25 guests

country picnic fair | \$22.95

- homemade cole slaw
- macaroni salad
- fried chicken salad
- grilled hot dogs, hamburgers and chicken breasts or grilled mahi mahi, bbq chicken and ribs (\$8 additional pp)
- traditional garnishes and condiments
- corn on the cob
- southwestern baked beans
- sliced watermelon
- brownies and cookies
- coffee or iced tea

southwestern | \$24.95

- tortilla soup with cilantro pesto
- tomatilla, tomato, mozzarella and romaine salad
- cumin, sour cream cucumber salad
- black bean, roasted corn and cilantro salad
- nacho chips with roasted tomato salsa, margarita sour cream and guacamole
- marinated and grilled chicken and beef
- sautéed onions and green peppers
- warm flour tortillas
- cheddar and monterey jack cheeses
- mexican rice and beans
- cinnamon sugar tortillas
- coffee or iced tea

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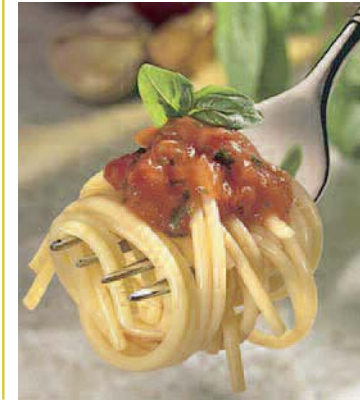
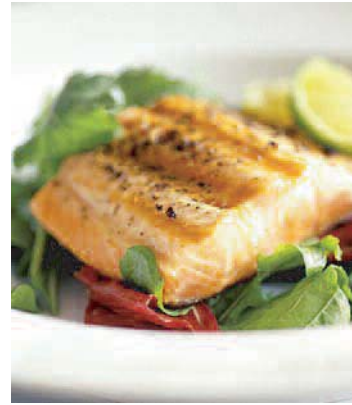
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Buffet Lunches

southern lunch buffet | \$24.95

- sweet potato soup
- mixed green salad, watercress-pecan dressing
- pole bean and vidalia onion salad
- roasted corn, pepper and boiled peanut salad
- buttermilk fried chicken
- pan seared georgia mountain trout, pecan butter
- pulled pork bbq sandwiches
- “hoppin john” onion and sweet pepper casserole
- yellow squash
- homemade biscuits
- cornbread with sweet creamery butter
- warm peach cobbler with cinnamon whipped cream
- strawberry shortcake
- coffee or iced tea



little italy | \$22.95

minimum of 25 guests

- minestrone
- caesar salad with garlic croutons
- antipasto tray
- vegetable lasagna
- baked basil chicken ziti
- classic chicken piccata
- breadsticks with marinara
- grilled vegetables
- tiramisu, cannolis
- coffee or iced tea

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[included on deli lunch buffets](#)

coffee or iced tea

minimum of 25 guests

Deli Lunch Buffets

[all american deli](#) | \$21.95

housemade cole slaw & new fashion potato salad

albacore tuna salad

roast beef, turkey and ham

swiss, white and yellow cheddar cheeses

tomato, bermuda onion, lettuce, pickles, olives and peppers

mayonnaise and dijon mustard

sliced breads and rolls

individual bags of potato chips

pastry selection of the day

[european deli](#) | \$25.95

greek orzo salad & classic salad nicoise

assorted garnishes and condiments

roasted peppered sirloin, herbed breast of chicken,

copa de parma ham, pistachio mortadella

sliced cheese platter with aged gouda, english cheddar,

swiss and saga bleu cheeses

chef's selection of hearth style baked breads

individual european pastries

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Deli Lunch Buffets

west coast deli | \$24.95

asparagus almond salad with citrus vinaigrette

yukon gold potato salad

crisp julienne vegetable slaw

sonoma field greens with roma tomatoes, asiago croutons

boar's head roast beef, black forest ham, smoked peppered turkey, roasted portobellos, smoked salmon

gouda, provolone muenster, smoked cheddar and imported swiss cheeses

roma tomatoes, sprouts, bibb lettuce, cherry peppers

selection of artisan breads, baguettes, rolls

dijon and grain mustards, sun-dried tomato aioli, chipotle mayonnaise

mini pastries, chocolate dipped strawberries

included on deli lunch buffets

coffee or iced tea

minimum of 25 guests

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Deli Lunch Buffets

new york deli | \$24.95

- macaroni salad • sweet cole slaw
- sliced pastrami, corned beef, salami and smoked turkey
- egg and tuna salad
- sliced cheddar, swiss and muenster cheeses
- whole dill pickles, sliced tomatoes, leaf lettuce
- deli mustard, mayonnaise
- freshly baked rye & pumpernickel breads, onion rolls & assorted bagels
- individual bags of gourmet potato chips & pretzels
- seasonal fruit
- new york cheesecake

included on deli lunch buffets

coffee or iced tea

minimum of 25 guests

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Deli Lunch Buffets

italian deli | \$27.95

white bean and roasted vegetable minestrone

tomato buffalo mozzarella salad

antipasto bar with roasted peppers, olives, sardines, grilled asparagus, portobellos, pepperoncinis, balsamic vinaigrette

sliced beef tenderloin, cappicola, prosciutto, pesto chicken, genoa salami, pepperoni

horseradish cream, red pepper aioli, basil mayonnaise, grain mustard

provolone and mozzarella cheeses

focaccia, ciabatta and rosemary breads

pasta primavera

tiramisu and chocolate almond biscotti

included on deli lunch buffets

coffee or iced tea

minimum of 25 guests

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Lunch on the Run

all "pak a sak" lunches include condiments, disposable flatware, water and your selection of three accompaniments:

- kettle fried or baked potato chips
- chef's pasta salad
- homestyle potato salad
- red delicious apple
- fresh fruit salad
- jumbo chocolate chip cookie
- fig newton® cookies



roast beef sandwich | \$18.95

boar's head roast beef, aged gouda cheese and horseradish sauce on low carb wheat grain bread (carb conscious)



smoked turkey wrap | \$17.95

with lettuce, tomato and champagne mustard in a whole wheat wrap (low fat)

deli | \$18.95

imported prosciutto, hard salami, mozzarella cheese, roasted peppers and pesto on focaccia

vegetarian wrap | \$16.95

flour tortilla filled with grilled vegetables, mozzarella cheese, and sun-dried tomato aioli

roast sirloin | \$19.95

herb & pepper roasted sirloin with boursin® cheese and arugula greens on a potato hoagie roll

ham and swiss | \$17.95

honey cured ham and imported swiss with grain mustard on ciabatta bread