

## Classics

### Good Start Breakfast

Quaker Oatmeal, selection of Kellogg's cereal or housemade Almond Granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin. Includes juice and coffee \$9.<sup>95</sup>

### All American Breakfast

two eggs, your way, with crisp hash browns. Choose bacon, ham, sausage or Canadian bacon and toast, bagel or muffin. Includes juice and coffee \$11.<sup>95</sup>

### Good Start Buffet

oatmeal, Kellogg's cereal, or housemade Almond Granola with fresh berries or bananas, skim milk and your choice of breakfast breads. Includes juice and coffee

### All American Buffet

the Good Start buffet PLUS scrambled eggs, or a choice of eggs cooked your way, breakfast potatoes, a selection of breakfast meats and today's daily feature. Includes juice and coffee

## 3 Egg Omelets

*Includes hash browns and selection of toast.*

your way with choice of bacon, cheddar, tomato, mushroom, green peppers, onions, sausage or ham \$11.<sup>50</sup>

overflowing with wild mushrooms and fontina cheese \$11.<sup>75</sup>

asparagus, goat cheese and basil \$11.<sup>95</sup>

(scrambled eggs and omelet dishes may be substituted with Egg Beaters® as a no cholesterol egg substitute)



[these items have been selected to meet the diverse dietary needs of our guests. Your server will be happy to answer any questions you may have.]

### Steak and Eggs [carb conscious]

with wild mushroom and bacon hash \$14.<sup>50</sup>

### Steak and Roasted Tomato Eggs Benedict [carb conscious]

with wild mushroom and bacon hash, sauce bearnaise \$14.<sup>95</sup>

### Crunchy Grilled French Toast [low cholesterol, low fat]

whole wheat bread dipped in low cholesterol eggs and crushed corn flakes. Served with fresh berries, bananas and Promise® spread \$12.<sup>25</sup>

### Egg White Frittata [low cholesterol, low fat]

spinach, mushrooms and fennel with tomato basil relish \$12.<sup>25</sup>

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.

## Signatures

### Buckwheat Pancakes

fresh cut bananas, toasted pecans and Cary's sugar free syrup \$10.<sup>95</sup>

### Smoked Salmon Hash

two poached eggs, grain mustard hollandaise \$11.<sup>75</sup>

## Specialties

### French Toast

maple syrup and whipped butter \$10.<sup>75</sup>

### Buttermilk Pancakes

maple syrup and whipped butter \$10.<sup>75</sup>

### Belgian Waffle

maple syrup and whipped butter \$10.<sup>75</sup>

bacon, sausage, ham with the above items, add \$3.<sup>25</sup>

### Traditional Eggs Benedict

Canadian bacon and hollandaise sauce \$12.<sup>50</sup>

Smoked Salmon may also be added \$12.<sup>50</sup>

### Broken Yolk Fried Egg Sandwich

sourdough, cheddar, maple pepper bacon, grilled tomato and hash browns \$10.<sup>75</sup>

### Bacon and Cheddar Breakfast Quesadilla

whole wheat tortilla with guacamole, sour cream and salsa \$10.<sup>25</sup>

### Fresh Fruit Platter

the best of the season served with yogurt \$9.<sup>25</sup>

### Smoked Salmon

toasted bagel and cream cheese \$12.<sup>25</sup>

## Etc

### Tropicana Pure Premium Orange Juice

Small \$2.<sup>95</sup> Large \$3.<sup>95</sup>

### Grapefruit, Tomato, Cranberry, Apple or V-8 Juice

Small \$2.<sup>95</sup> Large \$3.<sup>95</sup>

Coffee, Decaf and Tea \$2.<sup>50</sup>

Milk, Chocolate Milk, Hot Chocolate \$2.<sup>75</sup>

Strawberry Yogurt Granola Parfait \$5.<sup>75</sup>

Oatmeal, Fresh Fruit and Soft Brown Sugar \$5.<sup>75</sup>

Selection of Cold Cereals \$5.<sup>50</sup>

Toast, Danish, Croissant or Muffin \$4.<sup>50</sup>

Toasted Bagel with Cream Cheese \$4.<sup>95</sup>

Two Eggs with Toast \$6.<sup>25</sup>

Maple Pepper Bacon \$5.<sup>50</sup>

Sausage, Ham or Canadian Bacon \$4.<sup>95</sup>

Hash Brown Potatoes \$4.<sup>75</sup>