

healthy

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SMART

- granola
- yogurt
- nuts
- salad
- fruit
- salmon
- vegetables



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A customary 20% taxable service charge and sales tax will be added to prices

Cincinnati Marriott North

6189 Muhlhauser Road/West Chester, OH 45069

513-874-7335/www.cincinnati-marriott.com

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Breakfast

Priced per person

crunchy grilled french toast | \$14.95

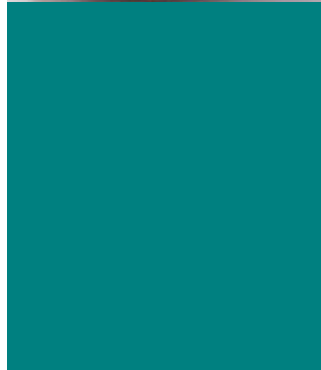
Whole Wheat Bread Dipped in Low Cholesterol Eggs & Crushed Corn Flakes, Served with Fresh Berries, Bananas & Promise® Spread, maximum of 50 guests (low cholesterol/low fat)

steak & eggs | \$16.95

With Wild Mushroom & Bacon Hash (carb conscience)

scrambled egg beaters® | \$14.95

With Fresh Chives, Steamed Broccoli & Broiled Tomato (low cholesterol)



fitness buffet | \$18.95

Selection of Chilled Juices

Fresh Seasonal Fruit & Berries

Flavored Yogurts

Cholesterol Free Scrambled Egg Beaters® with Garden Vegetables

Carrot Bran Muffins

Turkey Sausage

Multi-Grain Pancakes with Lite Syrup

Coffee, Decaffeinated Coffee & Selection of Bigelow Teas



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Lunch

Priced per person

Light Luncheon Selections

All Selections Include Assorted Bread Basket & Sweet Creamery Butter, Freshly Brewed Coffee, Decaffeinated Coffee & Bigelow Teas

chilled steak salad | \$17.95

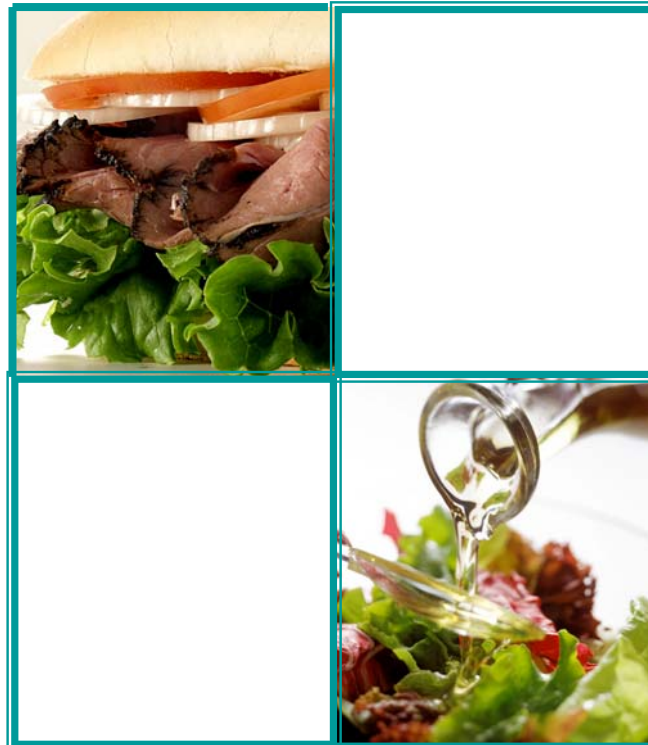
Flat Iron Steak grilled to Perfection, Chopped Romaine, Roma Tomatoes, Asparagus Spears & Fresh Mozzarella Cheese, Peppercorn Dressing (Carb Conscious)

turkey wrap | \$16.95

Shaved Turkey, Crisp Garden Lettuce & Vine Ripe Tomato with No Fat Ranch Dressing in a Whole Wheat Tortilla, Served with Fresh Fruit (low fat)

asian chicken | \$15.95

Breast of Chicken, Julienne Red & Green Peppers, Snow Peas, Carrots, Napa Cabbage, Water Chestnuts, & Ginger Vinaigrette (low cholesterol)



Lunch on the Run

All Box Lunches include Condiments & Disposable Flatware

roast beef sandwich | \$17.95

Boar's Head® Roast Beef, Aged Gouda Cheese & Horseradish Sauce on Low Carb Wheat Grain Bread, Chips & Roasted Cashews (carb conscious)

smoked turkey | \$15.95

With Lettuce & Tomato, wrapped in a Whole Wheat Tortilla with Champagne Mustard, Chips, Golden Delicious Apple & Fig Newton® Cookies (low fat)



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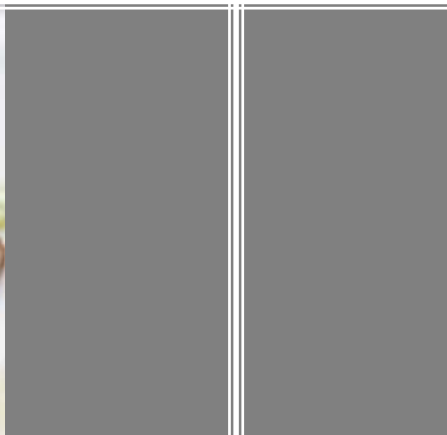
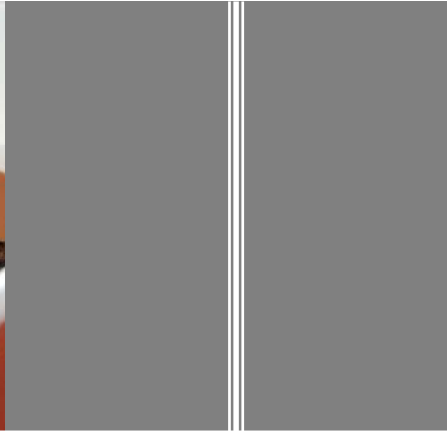
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Dinner

Priced per person



roulade of chicken breast | \$26.95

Stuffed with Baby Spinach, Sun-Dried Tomatoes & Artichokes with Light Thyme Jus (low fat)

ahi tuna steak | \$32.95

Grilled & Served with Fresh Asparagus, Basmati Rice & Minted Melon Chutney (low cholesterol)

peppercorn filet | \$37.95

With Boursin® Cheese & Prosciutto, Wild Mushroom & Bacon Hash (carb conscious)

pancetta wrapped salmon | \$32.95

Grilled, Roasted & Served with Provencal Relish & Fresh Asparagus (carb conscious)



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Receptions

Priced per person

Specialty Stations

salad station | \$7.95

Romaine Leaves, Mixed Field Greens, Baby Spinach Leaves, Shredded Parmesan, Low Fat Mozzarella, Anchovies, Herb Croutons, Low-Fat Caesar Dressing, No-Fat French, No-Fat Ranch, Low-Fat Italian, Roast Turkey, European Cucumbers, Bermuda Onions, Roma Tomatoes, Pepperoncini, Roasted Red Peppers, Raspberries, Black Olives, Pumpkin Seeds, Julienne Carrots, Shredded Red Cabbage, Green Peppers (low fat)

fresh fruit fondue station | \$7.95

Skewers of Fruit including: Strawberry, Kiwi, Oranges, Melons, Pineapple, Carambola, Assortment of Berries, Pots of Dark Chocolate, Cinnamon Sugar, (low cholesterol)

sushi bar * | market \$

(Based on 4 pieces per guest)

Assorted Maki & Nigiri Style Sushi, with Pickled Ginger & Wasabi (carb conscious)

raw bar | market \$

Oysters, Clams, Ice Gulf Shrimp, Steamed Mussels, Housemade Citrus Cocktail Sauce, Herbed Tartar Sauce, Mustard Sauce (carb conscious)



*Attendant required at \$85.00 each, One Per 50 Guests